

Introduction

Human health has become an international challenge that cuts across not only developing countries in Africa and parts of Asia, but even US. Most developing countries and India are lamenting over health challenges like malnutrition while America is also grappling with the obesity amongst other health challenges. A quick response is necessary to solve such global health challenges.

Response to obese and undernourished children concerns

Obesity epidemic is a serious health problem that health professionals should find ways to save the society. Obesity has serious implications that arise from the diseases that are associated with it such as arthritis, diabetes, cancer, kidney stones, male erectile dysfunction among others. The statistics have shown that one in every ten deaths in America is due to obesity. This has been very costly to the government of U.S since close to \$223 billion is spent in the disease annually (Flegal et al, 2012). It is with great concern to witness such kind of deaths due to controllable causes such as junk food eaten, nature of jobs that are more technological with little effort used among others. There should be a collective responsibility to combat the epidemic starting with the government.

The state of malnutrition in India calls for a quicker response to combat the condition that has led to many deaths of children and adults. The World Bank findings show that it is a crisis with underweight children doubling the number in Sub-Saharan Africa. The failure of combating malnutrition has slowed the economic growth of the nation. This is due to funds used to combat the situation and the weakened population especially women that is not able to work. Among the factors that have caused malnutrition are the gender inequalities in India where male children are loved more than their sisters (Aguayo et al, 2014). The girls become more malnourished compared to their healthy brothers. There should be serious mass education to change such a misconception.

Conclusion

It is indeed true that human health has become an international challenge that has affected even USA. A quicker response is necessary to reduce such epidemics like obesity and malnutrition. It calls for the collective responsibility of countries and the citizens to combat them.

References

- Aguayo, V. M., Jacob, S., Badgaiyan, N., Chandra, P., Kumar, A., & Singh, K. (2014). Providing care for children with severe acute malnutrition in India: new evidence from Jharkhand. *Public health nutrition*, 17(01), 206-211.
- Flegal, K. M., Carroll, M. D., Kit, B. K., & Ogden, C. L. (2012). Prevalence of obesity and trends in the distribution of body mass index among US adults, 1999-2010. *Jama*, 307(5), 491-497.