

Discussion assignment #1

Name:

Institution:

Date:

At the beginning of the video, Charlotte (group member) was constantly making eye movement when Andy Horne was introducing the panel members, where they are from and the subject of discussion (Waack, 2009). This indicated she was not concentrating. It was also an indication that the introduction was boring which prompted her lack of interest. In the same way, James (group member) hands were firmly clenched together indicating high level of expectation and interest in the information in the video.

At the end of the video, when Ronae Biddle is saying her names, and saying both of her parents names start with R James is constantly shaking his head indicating disapproval and astonishment of the message being put forward by Ronae Biddle. Charlotte is smiling and constantly scratching her head which is an indication that she is trying to relate between Ronae Biddle humor and the subject of the discussion which is psycho educational group.

John (group member) applied selective attention when asked by Jane (group member) about his thoughts on anger management skills for kids who are at risk as Janice Delucia was explaining. John had no idea. Social integration was present in the group as all the members were constantly in agreement about issue discussed in the video like anger management in a group and the need of good communication skills. Influence was also observed from the group leader when he ensured group commitment happened just as Andy Horne advocates in the video.

At the beginning of the video the level of cohesion in the group is high. Most of the group members would freely share ideas and thoughts about the subject. Group members could also make uniform impressions. At the end of the video, the level of cohesion is slightly above average. Group members differed about various issues like ways of managing anger amongst

adolescents and group commitment. Group members could also not interact freely as most had reduced concentration.

Reference

Waack, J. D (2009). Leading Groups with

Adolescents. <<http://search.alexanderstreet.com.ezproxy.uta.edu/view/work/865024>>